

DR. ASHWIN S. AHUJA MBBS, DNB, FCPS, DGO, DFP

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MMC Registration No.: 90030

ECFMG No.: 07428485

GMC Registration No.: 7566235

Profile:

Currently working as a Specialty Trainee in Obstetrics & Gynaecology in the NHS at Wrexham Maelor Hospital in Wales, United Kingdom, with previous clinical experience and research experience as Obstetrician and Gynaecologist registered in Mumbai, India, I am now eager to continue by completing training in the United States. I am an ECFMG certified Legal Permanent Resident and have completed my USMLE Step 3.

Educational Qualifications:

Diplomate of National Board (DNB in Obstetrics & Gynecology) 2005 New Delhi, India
Fellow of College of Physicians and Surgeons (FCPS) 2003 September, Mumbai, India
Diploma in Family Planning (DFP) 2003 July, Mumbai, India
Diploma in Gynecology & Obstetrics (DGO) (University of Bombay) 2000-2002 Mumbai, India
Bachelor of Medicine; Bachelor of Surgery (MBBS) (University of Bombay) 1993 – 1997, Mumbai, India

Work Experience:

04/2019 – till date	Fixed Term Specialty Trainee	Wrexham Maelor Hospital, Wales United Kingdom
07/2018 – 03/2019		Working to get a job while preparing for MRCOG Part 1 which I sat for January 28 2019, in London (results awaited).
11/2017 – 06/2018	Clinical Attachment	Women's Life Cycle ObGyn, Canton MI while awaiting GMC registration
10/2015 – 11/2017		Preparations and completion of USMLE Step 3 exam, Preparation and completion of IELTS, PLAB 1 and 2 exams and application for GMC
06/2015 – 09/2015	Clinical Associate	Seven Hills Hospital, Marol, Mumbai India
05/2015 – 10/2015	Consultant (part time)	Salvi Clinic, Parel, Mumbai
11/2014 – 03/2015	Clinical Attachment	Women's Life Cycle ObGyn, Canton MI
05/2014 – 11/2014	Consultant	Salvi Clinic, Parel, Mumbai
11/2013 – 05/2014	Clinical Attachment	Women's Life Cycle ObGyn, Canton MI
06/2013 – 11/2013	Sr. Research Officer	National Institute for Research in Reproductive Health (NIRRH), Mumbai, India
06/2013 – 11/2013	Consultant (part time)	Salvi Clinic, Parel, Mumbai
01/2013 – 03/2013	Clinical Attachment	Women's Life Cycle ObGyn, Canton MI
12/2012 – 12/2012	Observer	Wayne State University Physicians Group, REI Clinic, MI
11/2012 – 12/2012	Observer	DMC Hutzel Women's Hospital, Detroit, MI
11/2012 – 11/2012	Observer	Dr. Sivakumar's Office, Livonia, MI

12/2011 – 10/2012	Administrator	Angel Gardens, Livonia MI
12/2009 – 05/2011	Asst. Administrator	Laurel Park West Assisted Living, Livonia, MI
04/2008 – 10/2008	Consultant	Palkar Polyclinic, Mumbai
08/2005 – 12/2007	Consultant	Manav Kalyan Sewa Trust, Mumbai
02/2005 – 07/2005	Registrar, ObGyn	Seth G.S. Medical College and KEM Hospital, Mumbai
11/2004 – 01/2005	Registrar, ObGyn	LT Medical College and Sion Hospital, Mumbai
04/2004 – 10/2004	Research Officer	ICMR Center at KEM Hospital, Department of ObGyn, Mumbai.
02/2003 – 03/2004	A.M.O. Casualty	LT Medical College and Sion Hospital, Mumbai
09/2000 – 01/2003	Resident, ObGyn	Seth G.S. Medical College and KEM Hospital, Mumbai
10/1999 – 08/2000	Medical Officer	State Department of Health Services, Maharashtra, India
04/1999 – 09/1999	Lecturer Anatomy	Topiwala Nair Medical College, Mumbai
01/1998 – 01/1999	Internship	M.G.M.'s Medical College & Hospital, Kamothe, Navi Mumbai

Skills Practiced:

- **Patient Related Skills:**

- Communication Skills
- Ability to work cohesively in a team
- Ability to put patient care and patient safety first
- Maintain patient privacy
- Discuss medical condition with the patient in lay man terms

- **Obstetrics related skills and procedures:**

- Partogram charting
- Antenatal foetal surveillance
- Intrapartum foetal monitoring with intermittent auscultation and continuous intrapartum monitoring
- Episiotomy
- Suction Evacuation
- McDonald's & Shirodkar's cervical Os Tightening

- **General Skills:**

- History Taking
- Detailed Systemic Examination
- Pelvic examination
- PR examination
- Patient workup with relevant investigations
- Admission and initial clerking of patients
- Indoor patient care and management
- Discharge patients
- Follow-up of patients
- Evaluate a couple for subfertility / infertility

- **Gynaecological Procedures:**

- Papanicolaou Smear
- Fractional Curettage
- Cervical Biopsy
- Polypectomy
- Vaginal Hysterectomy
- Total Abdominal Hysterectomy
- Laparoscopy Assisted Vaginal Hysterectomy
- Diagnostic Laparoscopy
- Intra-uterine insemination

- Lower Segment
Caesarean Section
- Ventouse Extraction &
Low forceps application
- Dilatation and Curettage

Research Experience / Audit:

- As a Research Officer at the ICMR Center at KEM Hospital, I screened, recruited and examined volunteers for the “**Phase II of Clinical Trial of Pippalyadi Yoga for its antifertility effect**”. Subsequently, I recorded the details of the physical examination findings on each follow up.
- As a Senior Research Officer at the NIRRH I supervised the project staff who recruited subjects for the project - ‘**A Prospective Observational Study of “Near Miss” Obstetric Events and Maternal Deaths in Tertiary Hospitals of Mumbai**’, overlooked the data collection and analysis, analyzed the data in SPSS, reviewed available literature and wrote the interim research briefs and reports along with the Principal Investigator.
- “Maternal and Fetal outcomes in severe pre- eclampsia complicated by Eclampsia, Disseminated Intravascular Coagulation and Acute Fatty Liver of Pregnancy”- a retrospective and prospective study of 110 cases of severe pre-eclampsia with the above complications which required Critical Care at the Medical Intensive Care Unit of KEM Hospital.
- Study leading causes of vascular and visceral injuries during laparoscopy and methods to avoid them.

Publications:

Poster Presentation

A. Ahuja, N. Goswami, K. Upadhyay (2020, March). Handover Quality Improvement Project Award winning Poster at the Welsh Obstetrics & Gynaecology Spring Conference 2020

Oral Presentation

Ahuja, A., Salvi, V. (2001, December). Major Vessel Injuries during Laparoscopy. Oral Presentation at the GOSUMEET – International Scientific Conference, Mumbai, India.

Teaching:

- As a Senior House Officer in Obstetrics & Gynaecology, taught medical and physician assistant students through lectures, tutorials and bedside teaching sessions.
- As a house officer and then a registrar while training in Obstetrics & Gynaecology, I have taught medical students and juniors through formal class room lectures, bedside clinics and tutorial sessions.
- As a lecturer in anatomy, my responsibilities included teaching through formal lectures covering topics in Gross Anatomy, Histology and Embryology to medical, dental, occupational therapy and physical therapy students; and assisting students with human cadaveric dissections.

Workshops and Conferences:

- Welsh Obstetrics & Gynaecology spring Conference 2020
- GOSUMEET - International Scientific Conference: K.E. M. Hospital: Mumbai, India (2002)
- South East Asia Federation of Obstetricians and Gynecologists Conference
- IUI Workshop in H.N. Hospital, Mumbai by Reliance Life Sciences.
- BLS and ACLS workshop by AHA: Pune, India (February 2004)

Hobbies and Interests:

- People, Landscapes and Macro-
- Photography
- Networking Computer Systems
- Writing Prose and Poetry
- Cooking
- Listening to music
- Gaming
- Playing Carrom and Tennis

References:**Dr. Vinita Salvi**

Ex-Professor and Head of Unit (Obstetrics & Gynaecology)

Seth G. S. Medical College & K.E.M. Hospital Parel, Mumbai – 400012.

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Dr. Jyothi Nichanametla M.D.

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